March 2020 NEWSLETTER



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THE NEW CONTRACT

The PCN DES draft specifications published in December 2019 were forensically examined and universally rejected by LMCs. Negotiations were re-opened. BMA GPC England has agreed a GP contract package with focus on recruitment and retention of workforce. It includes funding to attract more doctors to take up partnership roles and expand the practice team. You can read the latest iteration here. A special LMC conference has been called for 11 March. The purpose is to consider the outcome of the 20/21 GP contract negotiations and what action the profession should take. Gloucestershire will be represented by Drs Yerburgh, Fielding, Bounds, and Lees, with West as an observer.

DIGITAL MEDICAL RECORD ACCESS FOR PATIENTS

From April, new patients registering with a practice should be offered full online access to the digital record for their prospective information, starting from the date of their registration for online services, where the patients wish to have access. You can read the BMA/NHSE position statement here.

GPC ELECTION FOR GLOUCESTERSHIRE AND AVON

There is an election for a GPC representative from our area. Dr Tom Yerburgh is the only candidate for Gloucestershire. You should have received your e mail to vote around 17th February. You do not need to be a BMA member to vote. Please contact elections@bma.org.uk if you have any trouble voting.

CORONAVIRUS GUIDANCE FOR PRIMARY CARE

Public Health England has published guidance for primary care to reduce the risk of spread of infection during and following consultation with a suspected case of the Corona virus (WN-CoV). The main principles are to identify potential cases as soon as possible, and prevent potential transmission of infection to other patients and staff. Avoid direct physical contact, including physical examination, and exposures to respiratory secretions. Isolate the patient, obtain specialist advice and determine if the patient is at risk of WN-CoV infection, and inform the local Health Protection Team. Read about it here. The CCG has sent out local advice, and will update it regularly. NHS 111 should NOT direct suspected patients to the GP. If you have any questions please contact Teresa.middleton@nhs.net.

FIREARMS LICENSING

The BMA and the Home Office have yet to reach an acceptable, nationally agreed process. The Gloucestershire Constabulary took a rather premature action in posting a GP letter for patients, which asks the GP to declare that the patient has **never** suffered from a range of mental health issues. This is rather absolutist, and in our opinion leaves the GP holding risk. We have respectfully asked the Police to reinstate the 2019 process until agreement is reached.

NHS REFERRALS TO THE NUFFIELD

A number of GPs have mentioned that they have had referrals for hernia and knee problems rejected on the basis of 'tick box' criteria. The CCG confirms that the Nuffield can gather missing evidence at the time of the outpatient appointment. A procedure will not be performed if criteria are not met. The CCG would encourage all referrers to include all available and relevant information in any referral to ensure providers can best assess and triage them to the appropriate service. The point as to whether the Nuffield is commissioned to provide an opinion if criteria are not met is under discussion. If you have problems, please tell the LMC, and contact Dr Christian Hamilton PhD Christian.hamilton@nhs.net who is head of planned care at the CCG.

PUBLIC HEALTH OFFER

We welcome the news that an uplift of 30% for implant procedures and 10% for IUCDs has been agreed from 01/04/2020 for practices who are signed up to provide the Advanced Contraceptive Service as part of the Public Health Enhanced Service (PHES) contract. Health check payments will increase from £15 to £21 for low risk service users and from £21 to £22 for medium risk service users. Public Health will formally notify all practices. There is a £200 education allowance per practice per year, to cover clinical attendance at sexual health updates and the cascading of learning to practice staff. The allowance is not always applied for or used. For further information on the Public Health Enhanced Service contract, please contact vikki.clarke@gloucestershire.gov.uk

SUICIDE AUDIT

Public Health colleagues at Gloucestershire County Council will shortly be starting the next Suicide Audit. The audit will look at all deaths by suicide between 2016 and 2018 in order to understand patterns and risk factors for suicide within our population. All practices who have had a death from suicide among their registered patients in the relevant time period will be contacted in early April and asked to complete a pseudonymised audit form about that patient's care and contacts with the practice. Practices will receive a £55 payment (per individual patient included within the audit) for data returned by the deadline.

Public Health have asked the LMC to pass on their thanks to all practices who have participated in previous audits and all those who will participate in the new round. The audit

provides invaluable information and will help inform the refresh of the county's Suicide Prevention Strategy.

If you would like to know more about the suicide prevention work taking place in the county, including details of free suicide intervention training, please visit www.gloucestershire.gov.uk/suicide-prevention.

OVER THE COUNTER MEDICINES

Practices have asked whether they should always follow CCG guidance to refuse to prescribe over the counter medicines, and whether they will be supported if a patient complains. We suggest that it is rational to have a policy that considers cost, but a blanket ban is unreasonable. Some exceptionality is granted-for example patients with long term conditions, and vulnerable patients. In short, follow the CCG policy if possible. However, you may have an argument to prescribe in your patient's best interest. You can read NHSE guidance here, and will find information to help you on pages 11/12.

CINAPSIS

Thank you to those who have taken trouble to send their views and experiences regarding Cinapsis to the LMC. We continue to discuss with the CCG and GHFT. As a result, the CCG recognises that the whole system does need to be assured that users of Cinapsis in both primary and secondary care have confidence that the tool and the processes behind it are robust and to that end has decided to lengthen the period of the phasing. Phase 2 will now run until at least 14 April 2020. The CCG assures us that the SPCA remains as a 'safety net' for practitioners who cannot use Cinapsis or encounter difficulties.

SAFE HOUSE

GP Safe House (GPSH) is a virtual safe house providing a refuge and support for practitioners experiencing professional challenges. It guarantees anonymity, security and confidentiality and understands that these are essential. GPSH has five virtual rooms which offer support, information and resources. Each room corresponds to a different potential problem area. It has recently received a makeover/update from Somerset LMC who devised it. Services available are:

- Consulting Room Personal Health Information for the Gloucestershire Area
- Burnout Recovery Suite Burnout and Stress
- Professional Relationships Bureau Working Relationship Problems
- Library of Solutions Non-clinical Aspects of Patient Care
- Career Development Office Professional Development
- Contacts for Support and Advice This is a link to the Gloucestershire LMC Advocate
 Area which offers the possibility of a personal, completely anonymous, one-to-one, online
 consultation with a professional advisor as well as more everyday modes of
 communication!

The administration staff from the LMC have now emailed all GPs who have not previously been issued a password. If you did not receive an email from us but feel you would like to use this service please contact the office via telephone, email or the Contact Us form on our website.

LMC ELECTIONS 2020

Dr Alison Macrae will replace Dr Chris Morton as the representative for the North Cotswolds. North East Gloucestershire is still vacant. All other committee members are as before. Dr Tom Yerburgh remains as Chair, and will also stand for the GPC. You may have already received ballot papers from the GPC. Please read these carefully, and support Gloucestershire. If you need further information, please contact tom.yerburgh1@nhs.net.

LMC UK CONFERENCE, YORK, MAY 6th/7th 2020

Gloucestershire LMC will be represented by Drs Yerburgh, Fielding, Bounds and Lees, with West as an observer. Motions received have been submitted to the agenda committee to be considered for debate.

SESSIONAL GP ISSUES

The Sessional GPs Magazine is free to all and can be accessed here. The GPC has published a formal locum/practice agreement which should not only define the work that the locum is expected to provide but will also confirm that the locum GP is not an employee for tax purposes. You can access it here. Note that, as it stands, there is no clause imposing liability on practices if they cancel a session, though there is the other way about. Sessional GPs are represented on the LMC by Dr Jethro Hubbard, who can be contacted at jethro.hubbard@nhs.net.

A PENNY FOR YOUR THOUGHTS

There was a table set out, and Dr Hare and Dr Hatter were having tea at it. Dr Dormouse was asleep between the two of them. The table was a large one, but they were crowded together at one corner of it: `No room! No room!' they cried out when they saw The Director coming. `There's *plenty* of room!' said The Director indignantly, and she sat down in a large arm-chair at one end of the table.

`Have some wine,' Dr Hare said in an encouraging tone.

The Director looked all round the table. There was nothing on it but tea. `I don't see any wine,' she remarked.

- `There isn't any,' said Dr Hatter.
- `Then it wasn't very civil of you to offer it,' said The Director angrily.
- `It wasn't very civil of you to sit down without being invited,' said Dr Hatter.
- `I didn't know it was your table,' said The Director.
- 'What is the meaning of a 'Generous Offer?' asked Dr Hatter.
- `Really, now you ask me,' said The Director, very much confused, `I don't think...'
- `Then you shouldn't talk,' said Dr Hatter.
- `And you should say what you mean,' Dr Hare went on.
- `I do,' The Director hastily replied; `at least...at least I mean what I say...that's the same thing, you know.'
- `Not the same thing a bit!' said Dr Hatter.
- 'You might just as well say that "I see what I eat" is the same thing as "I eat what I see"!'
- `You might just as well say,' added Dr Hare, `that "I like what I get" is the same thing as "I get what I like"!'
- `You might just as well say,' added Dr Dormouse, who seemed to be talking in his sleep,
- `that "I breathe when I sleep" is the same thing as "I sleep when I breathe"!'

The party sat silent for a minute, while The Director considered the subject of generosity. Drs Hare, Hatter and Dormouse remembered that, in fact, *they owned the table.*

Hare, Hatter and Dormouse may not enter this competition. Which book do they inhabit? What is the pen name of the author, and what is his real name? Reply to penelopewest@gloslmc.com Closing date 20/03/2020 when there will be a prize draw. There is a lovely Easter egg for the winner.

Congratulations to Dr Luke Benson, winner of the February competition. At his request, a donation to Unicef has been made in lieu of a prize. There were 5 correct answers. The answer, altogether now, was Cinapsis.

This newsletter was prepared by Dr Penelope West and colleagues, at the LMC Office.

JOB OPPORTUNITIES

A full list of current job adverts is at http://www.gloslmc.com/blog-job-vacancies.asp and available below.

| GLOUCESTERSHIRE | | | Date posted | Closing Date |
|------------------------------------|--------------------|---|-------------|-----------------|
| Kingsway Health Centre | Gloucester | GPs | 25 Sept 19 | Open |
| Newnham and Westbury Surgery | Newnham | Salaried GP | 25 Sept 19 | Open |
| The White House | Moreton-In Marsh | Salaried GP | 25 Sept 19 | Open |
| Cirencester Health Group | Cirencester | Salaried GP | 13 Nov 19 | Open |
| Chipping Campden Surgery | Gloucestershire | GP | 20 Nov 19 | Open |
| The Lydney Practice | Lydney | Partnership | 28 Nov 19 | Open |
| The Culverhay Surgery | Wotton-Under-Edge | Salaried GPs | 28 Nov 19 | Open |
| Price's Mill Surgery | Nailsworth | Sabbatical Cover | 4 Dec 19 | Open |
| Royal Crescent Surgery | Cheltenham | Salaried GP | 4 Dec 19 | Open |
| Gloucester Health Access Centre | Gloucester | Salaried GP | 11 Dec 19 | Open |
| Brunston and Lydbrook Practice | Coleford | Salaried or Partner GP | 13 Dec 19 | Open |
| Aspen Medical Centre | Gloucester | Salaried GP and Maternity Locum | 20 Dec 19 | Open |
| Portland Practice | Cheltenham | GP Partner/Salaried GP | 03 Jan 20 | Open |
| Gloucester City Health Centre | Gloucester | Salaried GP | 15 Jan 20 | Open |
| Frampton Surgery | Frampton | Salaried GP | 08 Jan 20 | Open |
| Phoenix Health Group | Cirencester | Maternity Cover/Salaried GP | 15 Jan 20 | Open |
| Frithwood Surgery | Stroud | Practice Manager | 15 Jan 20 | Open |
| Stoke Road Surgery | Cheltenham | Salaried GP – 1 Year | 16 Jan 20 | Open |
| Stroud Valley Family Practice | Stroud | Retainer or Salaried GP | 24 Jan 20 | Open |
| The Alney Practice | Cheltenham | Practice Manager | 29 Jan 20 | Open |
| Aspen Medical Centre | Gloucester | Saturday Morning Locum | 29 Jan 20 | Open |
| Yorkleigh Surgery | Cheltenham | GP Opportunities | 05 Feb 20 | Open |
| ELSEWHERE | I | I | | |
| Frome Valley Medical Centre | Frampton Cotterell | Salaried GP | 08 Jan 20 | Open |
| Frome Valley Medical Centre | Frampton Cotterell | GP Maternity Cover | 15 Jan 20 | Open |
| Air Balloon Surgery | Bristol | Associate (Salaried) GP or Associate with a view to Partnership | 19 Feb 20 | 02 April 20 |

REMINDER: If you are advertising with us and fill the vacancy please let us know so we can take the advert down.

New GP Educator Fellowship - Differential Attainment

Would you like more variety in your working week; the opportunity to develop & apply yourself in a different way and support the evolution of GP Training within the Severn Postgraduate Medical Education Faculty geographical area?

Gloucestershire Primary Care Training Hub (PCTH) and the Gloucestershire CCG, in partnership with Health Education England and the RCGP Severn Faculty, are pleased to host this fellowship to support the work of the Severn Postgraduate Medical Education School of Primary Care.

This role is available for qualified GPs at any stage in their careers, with start date to be agreed with successful applicant. The fellowship will support the differential attainment (DA) initiative for the South West region. The post holder will work with the School of Primary Care to develop & embed a strategy to address DA & support

non-UK graduates and black and minority ethnic background GP trainees in achieving their full potential. 2 non-clinical sessions per week, 12-months FTC

GP educator pay scales GP00-GP02, depending on experience (£88,104 - £94,831) pro-rata, plus £500 CPD funding Please see job description & person specification

To discuss informally please contact Dr Lizzie Eley lizzie.eley@nhs.net Please apply by **Monday 17th February** by submitting your CV & a covering letter to jess.davies6@nhs.net

Please include your reasons for applying (up to 250 words) & why you believe you would be suitable (up to 250 words)

COURSES

Cervical cytology novice cervical sample taker training

21-22 April 2020, Sandford Education Centre

Working with Bristol cytology training school, this cervical cytology novice cervical sample taker training course is accredited and will be composed of theory, and practical workshops. The cost per person is £300.

Contact: Rajvinder.Dhillon@nhs.net to book

Dying to make a difference conference

5 March 2020, 9.30am – 4pm, University of Gloucestershire, Oxstalls Campus, Oxstalls Lane, Longlevens GL2 9HW

Learning from deaths of people with a learning disability, focusing on dysphagia, palliative care, going into hospital and unique wellness, as well as the official launch of the Gloucestershire LeDeR annual report 2018-19. Booking details are here.



GPC Roadshow

The GPC roadshow will be on Thursday 19th March 2020 at BAWA, 589 Southmead Road, Filton, Bristol. BS34 7RF at 7:00 p.m. This is an opportunity to hear about the latest development of the GP Contract.

Tea/coffee will be served from 6.30 onwards. Mark Sanford – Wood will be presenting.

If you would like to attend please email Pauline pauline@almc.co.uk